

# ACCREDITED EXERCISE PHYSIOLOGIST

## AEP NEEDED TO OPTIMISE HEALTH & LIVES!

Do you want to be part of a progressive company looking to grow its presence across Brisbane and the EP industry?

Are you looking for a supportive and driven team environment that recognises and rewards your talent?

Are you ready to develop your personal and professional skills to be a world-leading Exercise Physiologist with a team that has over 70 years of experience between them?

### THE COMPANY

For 18 years, Bodytrack Exercise Physiology has been a private Exercise Physiology company, with a well-established clientele and reputation at the forefront of the industry. We work with a team-first approach to provide the support that staff need to be the best people and professionals they can be. We make it a priority to facilitate your EP growth and special interests (if applicable) to help you reach the top of the field. Our proven business model and management structures are designed to ensure all staff achieve long term success and growth as health professionals. We offer a quality service for everybody to optimise the health, lives and performance of a diverse range clientele, including but not limited to:

- ❖ Musculoskeletal Rehabilitation
- ❖ Neurological Rehabilitation
- ❖ Oncology care
- ❖ Paediatric care
- ❖ Women's Health conditions
- ❖ Cardio-metabolic conditions
- ❖ Cognitive Impairments care
- ❖ Elite and developing athletes
- ❖ Healthy populations
- ❖ And other complex and chronic conditions

Here's what our team of 18 employees had to say in the 2022 Team Wellbeing Survey:

- ✓ How likely you are to refer someone to work here? Average rating 100%
- ✓ How likely are you to reapply for your current position? Average rating 95%
- ✓ How happy are you at work? Average rating 95%
- ✓ The amount of respect between co-workers? Average rating 100%
- ✓ How evident our company values are in the team's behaviours? Average rating 97%

### THE POSITION

Positions are available for Accredited Exercise Physiologists to provide exceptional exercise prescription for a wide range of clients and service types. The desired candidates will exude professionalism, show genuine concern for others, are continually improving, and will always go above and beyond. The position will suit a passionate health professional with a growth mindset who is looking for an opportunity to use their curiosity and innovation, absorb feedback, and be inspired by the success of others. An open-minded and creative approach to practice with an assertive attitude will develop your skills and see you grow into an industry leading Exercise Physiologist.

**Commented [GR1]:** Do you want to be part of a progressive company looking to grow its presence across brisbane and in the industry? Something about growth in place of the last sentence.

**Commented [DR2]:** Can we use a normal looking question mark - not a fan of these squiggles.

**Commented [GR3R2]:** lol agree

**Commented [DR4R2]:** Just changed to Times New Roman

**Commented [DR5]:** Actually we could keep the sentence and write ' to provide a safe and supportive environment that staff..

**Commented [GR6]:** Maybe something along the lines of we facilitate special interest to help EPs get to the top of their field?

**Commented [DR7]:** Instead: With our team-first approach to operations, we focus on providing the support our team need to be the best people and professionals they can be

Enjoy working in architecturally designed private clinics, situated close to the CBD in state-of-the-art facilities, making use of a fully equipped gym, using the latest equipment and technology, with access to full amenities, on-site parking, and café.

### JOB DESCRIPTION

- Part-time or Full-time positions offered based on experience and skillset.
- Working at EP-only private exercise clinics in Toowong and Sherwood.
- Programming and delivery of exercise for a wide range of clientele, including:
  - chronic disease; musculoskeletal rehabilitation; apparently healthy individuals;
  - athletic performance; corporate health
  - privately funded; Enhanced Primary Care Plan; DVA; Workcover; NDIS
  - 1:1; small private groups; large group sessions; clinic and home-based exercise programs;
- Programming and delivery of exercise for a specific population of specialty or interest
- Writing patient notes and clinical reports for doctors and other allied health specialists in their appropriate formats
- Maintaining proficiency in AEP-related research, skills, technology and practice
- Providing clinical expertise to marketing campaigns, social media content and practice resources
- Representing Bodytrack and the industry at events and within the community

### THE BENEFITS

Surround yourself with a team of driven health professionals in a company which has an industry leading reputation. You will be welcomed by a team of Exercise Physiologists with extensive experience and speciality knowledge in a multitude of areas and EP services. You will also enjoy the support of our business development and admin team, so you can focus on what you do best, in a culture that recognises and rewards high performance. The right candidate will have the opportunity to grow within the company as a clinical lead, within management or our wellbeing program. They will also have the flexibility to work in multiple locations, attend conferences and showcase the impact of EP to the community.

All Exercise Physiologists receive the following benefits:

- Professional indemnity insurance cover
- Structured onboarding process and performance reviews
- Collaboration on your work schedule, offering flexible work hours where required support work-life balance
- Mentorship and buddy program for clinical and personal development
- Career trajectory planning and support
- Weekly team professional development
- Free access to industry recognised professional development modules
- Paid time allocated for administration (treatment notes, programming, reports, etc)
- All meetings and training included in work hours
- Access to the gym for your own training plus weekly staff exercise sessions

Our employee wellbeing scheme includes:

- An education allowance for CPD
- An employee wellbeing allowance
- Family & friends discounts
- Staff recognition and rewards system
- Work Anniversary and birthday celebrations
- Wellness Wednesday initiatives

**Commented [GR8]:** Flexible hours where required?

**Commented [GR9]:** Access to in house professional development modules

- Monthly team bonding and wellness events

#### **TO APPLY YOU MUST HAVE**

- Bachelor of Exercise and Sports Sciences with a major in Clinical Exercise Physiology or equivalent
- Accredited Exercise Physiologist registration with ESSA
- Current First Aid and CPR Certificate
- Current Blue Card

Highly regarded:

- Recognition and further training in a specialty area
- Established client list
- NDIS Worker Screening Card (yellow card)
- NDIS Orientation Module Certificate of Completion
- COVID 19 Infection Control Training Certificate of Completion

#### **APPLICATION PROCESS**

If you meet the above requirements, please **complete the application on our website.**  
Attach a Resume and Cover Letter.

**Applications close Friday 7<sup>th</sup> April 2023.**

Successful applicants will be notified by email to schedule interviews, which if successful, will progress to a practical interview.