

# ACCREDITED EXERCISE PHYSIOLOGIST

## ACCREDITED EXERCISE PHYSIOLOGISTS NEEDED TO OPTIMISE HEALTH & LIVES!

Are you looking for a supportive and driven team environment? Do you see challenges as an opportunity to learn? Are you ready to develop your personal and professional skills to excel as an Exercise Physiologist?

We have the perfect position for you!

**THE COMPANY** Bodytrack Exercise Physiology is a private Exercise Physiology clinic, with a well-established clientele and reputation at the forefront of the industry. We work with a team-first approach to provide the support that staff need to be the best people and practitioners they can. Our proven business model and management structures are designed to ensure staff achieve long term success and growth as health professionals.

**THE POSITION** Two positions are available for Accredited Exercise Physiologists to provide exceptional exercise prescription for a wide range of clients and service types. The desired candidate will exude professionalism, show genuine concern for others, is continually improving and will always go above and beyond. The positions will suit a passionate health professional with a growth mindset who is looking for an opportunity to use their curiosity and innovation, absorb feedback, and be inspired by the success of others. An open-minded and creative approach to practice with an assertive attitude will quickly develop your skills and see you grow into an industry leading Exercise Physiologist.

You will have the opportunity to work between two private clinics which are both situated in state-of-the-art facilities, making use of a fully equipped gym, using the latest equipment and technology, with access to full amenities, on-site parking, and café. You will be optimising the health, lives and performance of diverse clientele, with high frequency of developing and elite athletes, complex and chronic conditions, and musculoskeletal rehabilitation.

## JOB DESCRIPTION

- Casual position with progression to Full Time employment
- Working at Toowong clinic and a new location within 10km of the CBD
- Programming and delivery of exercise for a wide range of clientele, including:
  - chronic disease; musculoskeletal rehabilitation; apparently healthy individuals; athletic performance; corporate health
  - privately funded; Enhanced Primary Care Plan; DVA; Workcover; NDIS
  - 1:1; small private groups; large group sessions; clinic and home-based exercise programs
- Writing patient notes and clinical reports for doctors and other allied health specialists in their appropriate formats
- Maintaining proficiency in AEP-related research, skills, technology and practice

**THE BENEFITS** Surround yourself with a team of driven health professionals who passionately advocate for exercise as medicine, encourage a positive culture and promote work-life balance. You will have access to the gym for your own training and enjoy weekly staff exercise sessions.

Your drive and innovation will be rewarded with career progression from casual to full-time employment, as well as the opportunity to discover and pursue an area of speciality or leadership. An education budget and mentorship program for both clinical and business skills will give you the confidence and support to reach your full potential. Your professional insurance is covered by the business and you will have admin support to grow and manage your client base. You will be learning from a team of Exercise Physiologists with extensive experience and speciality areas including Women's Health, Diabetes, Neurological Conditions and Athlete Development.

### **TO APPLY YOU MUST HAVE**

- Bachelor of Exercise and Sports Sciences with a major in Clinical Exercise Physiology or equivalent
- Accredited Exercise Physiologist registration with ESSA
- Current First Aid and CPR Certificate
- Current Blue Card
- Skills that are desirable but not essential include:
  - Strength and Conditioning qualifications and/or experience.
  - Dual degree in dietetics

### **APPLICATION PROCESS**

If you meet the above requirements, please forward your Cover Letter, Resume and the above-mentioned accreditations to [careers@bodytrack.com.au](mailto:careers@bodytrack.com.au). Applications close 1<sup>st</sup> Feb 2019. Call 3870 4119 for more information.

Successful applicants will be notified by email to schedule formal interviews which, if successful, will progress to a practical interview.